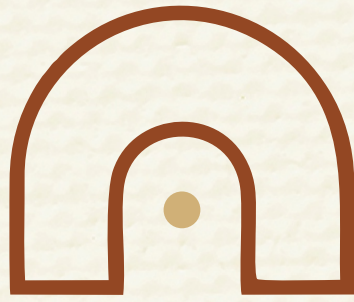




MOUNIA

SPA • BALI



MENU



Massages

• Foot Massage / Reflexologi 60 Min

Rp 220.000

Step into lightness. By applying rhythmic pressure to specific points on the feet that correspond to the body's vital organs, this treatment restores energy flow and relieves the fatigue of a long day of exploring.

• Balinese Massage 60 Min / 90 Min

Rp 290.000 / Rp 385.000

An ancient healing therapy that combines gentle stretches, acupressure, and skin-rolling. Using our premium blend of grapeseed and VCO, this treatment improves blood flow and eases deep muscle tension, leaving you in a state of total "pulo" (island) bliss.

• Deep Tissue 60 Min / 90 Min

Rp 290.000 / Rp 385.000

Designed for those needing focused relief. This firm-pressure massage targets the deeper layers of muscle and connective tissue to break down chronic knots and sports-related tension, enhanced by the high-absorption qualities of our nutrient-rich oils.

• Back Massage 60 Min / 90 Min

Rp 300.000 / Rp 400.000

The perfect concentrated escape. This therapy focuses exclusively on the shoulders, neck, and lower back to melt away accumulated stress and improve posture in a short, impactful session.



Massages

• Hot Stone Massage 60 Min / 90 Min

Rp 350.000 / Rp 475.000

Experience the profound healing power of heat with our signature stone therapy. This treatment uses

smooth, heated volcanic basalt stones

as an extension of the therapist's hands, combined with our premium blend of grapeseed oil and VCO.

The deep, radiating warmth of the stones penetrates the muscle layers to melt away stubborn knots, improve blood circulation, and soothe the nervous system. It is the ultimate choice for those seeking to release chronic tension and achieve a state of total physical and mental tranquility.

Our Premium Touch

At Mounia Spa, we believe the foundation of any treatment is the quality of the touch, using Grapeseed Oil with Vitamin E to tone and hydrate and Virgin Coconut Oil (VCO) for powerful antifungal nourishment.



Body Treatment

• **Aloevera Sunburn Recovery 60 Min** **Rp 330.000**

The ultimate cooling sanctuary for sun-kissed skin. We apply a chilled, ***house-made blend of fresh Aloe Vera, Cucumber, and Mint***.

This calming treatment draws heat from the skin and provides instant hydration to prevent peeling and soothe inflammation.

• **Body Scrub and Back Massage 75 Min** **Rp 350.000**

Renew your skin's natural glow. Begin with a

15-minute focused back massage

to relax the nervous system, followed by a full-body exfoliation using your choice of our selected premium scrubs.

This duo leaves the skin silky smooth and the mind completely at ease.

• **Hot Herbal Compress Massage 90 Min** **Rp 490.000**

The massage relies on the use hot compress filled with a selection of herbs and spices. In traditional Thai medicine, herbs are used to complement massage that treat illness. Hot herbal massage increases blood circulation, energy flow, warms releases tension, stiff muscles and joints also reduces mental fatigue and stress.

• **Lymphatic Massage 60 Min / 90 Min** **Rp 400.000 / Rp 550.000**

A gentle, light-pressure massage designed to stimulate lymphatic flow and support detoxification.

Helps reduce swelling, improve circulation, and boost immune function. Ideal for post surgery recovery , edema management

MOUNIA
SPA • BALI
Manicure

Manicure	Rp 150.000
Cutting, shaping, cuticle, scrub, wash and lotion	
Manicure with regular nail polish	Rp 200.000
Manicure with French Gel	Rp 300.000
Manicure with Gel Color	Rp 280.000
Regular nail polish	Rp 100.000
Hand polish gel / French Gel	Rp 210.000 / Rp 230.000
Add hand massage 15 minutes	Rp 45.000

Pedicure

Pedicure	Rp 170.000
Cutting, shaping, cuticle, scrub, wash and lotion	
Pedicure with French Gel	Rp 300.000
Pedicure with regular nail polish	Rp 200.000
Pedicure with gel nail polish	Rp 280.000
Regular nail polish	Rp 100.000
Feet Gel Polish / French Gel	Rp 210.000 / Rp 230.000
Add feet massage 15 minutes	Rp 45.000
Foot scrub 30 minutes	Rp 100.000
Callus remover	Rp 200.000
Soak off gel	Rp 75.000
Soak off acrylic, sns, hard gel	Rp 150.000
Add 15 minutes foot massage	Rp 45.000

All prices are included government tax 15%



Facials

Featuring Sensatia Botanicals

• **Ear Candle 15 Min** **Rp 100.000**

• **Mini Facial 30 Min** **Rp 200.000**

A refreshing pick-me-up for those on the go.

This express treatment uses botanical products to cleanse, exfoliate, and hydrate, giving your skin an instant boost of radiance.

• **Mounia Signature Facial 60 Min** **Rp 350.000**

A comprehensive skin rejuvenation using Sensatia's natural extracts.

This ritual includes deep cleansing, exfoliation, and careful extraction. We utilize

Steamer and Hot/Cold Hammer technology

to prep and calm the pores, finishing with an ***LED Mask***

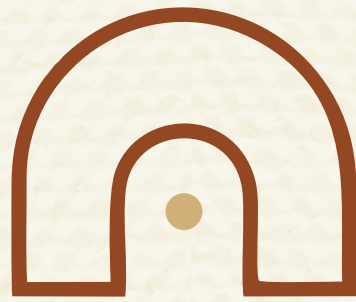
to stimulate collagen and refine your complexion.

• **Detox Facial 90 Min** **Rp 400.000**

Purify and clarify. This high-tech treatment uses ***Ultrasonic technology*** to deep-clean pores and remove environmental toxins.

Combined with a soothing face massage and ***LED Light Therapy***, it balances the skin's natural oils and restores a healthy, matte glow.





MOUNIA

SPA • BALI

Thank You